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## Angels of Sound Sound Healing Training Course Modules 2024

Osborne Village Hall (non residential)

Mod 1 Sat-Sun September 28<sup>th</sup>-29<sup>th</sup>

Mod 2 Sat-Sun November 23<sup>rd</sup>-24<sup>th</sup>

*Cost £108 per Module*

*To register please email [ahiahel@live.com](mailto:ahiahel@live.com)*

Mods 1 + 2 combined—attendance obligatory.

*Working with the cakras and the Life Tree of the subtle body through toning, overtoning, and sounding the Divine Names of the QaBaListic, the Gnostic, the Keltic, and the Vedic traditions—reviving the lost esoteric tradition of sonic healing, magic, and science that extends into the past beyond the master Pythagoras and into the healing temples and Initiatic chambers of Egypt, Greece, Albion and Atlantis, and that extends into the future for personal and planetary healing of Gaia and the Kosmos.*



Toning and chanting...is a remarkable practice that allows you to bring into physicality the higher vibrations that stimulate transformation.—**Emmanuel**

Hidden at the secret heart of all esoteric practice is the sacred use of **sound**, and specifically, we believe this to mean the art of **Toning and Overtone**. You will be working with the most powerful sound healing tool that exists, one that you don't have to go out and buy at enormous expense, because it's, literally, right under your nose—your voice! Our **Sound Healing Training** is a matter of re-discovering and applying this lost ancient art.

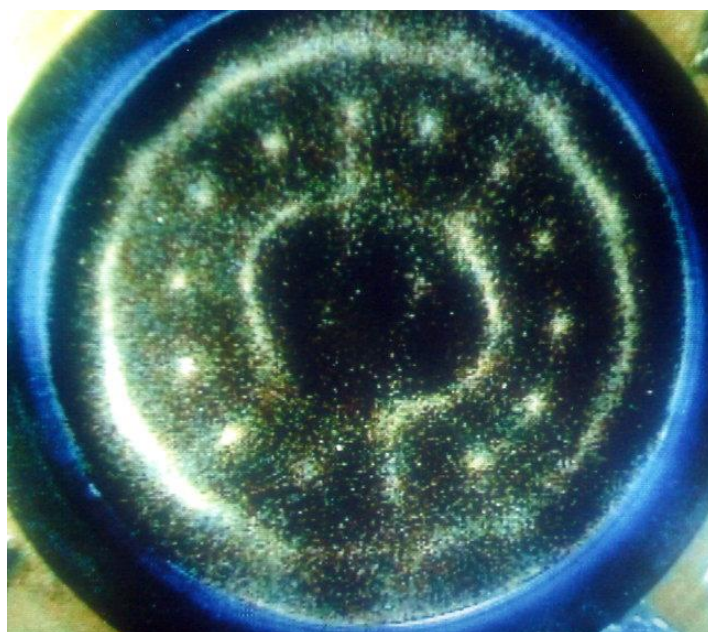
**Toning**, holding a long note on one vowel-sound, is a deceptively simple yet incredibly powerful cleansing sonic meditation, especially when you consider every sound sacred as we do, and as did the ancients. Applying the sacred vowels of the Sanskrit alphabet then to the chakras is an easily learnt form of musical-meditational practice that can be used daily on oneself or powerfully also in a group to cleanse stabilise and balance the aura and raise personal vibration.

Re-connecting to the Divine Roots of the primal language through honouring the archetype of each sound as an energy in its own right, treating each SOUND as literally an Angel, a Divine Being, which is the case with all originally phonetic sacred alphabets such as Sanskrit and Kuldee, is an indescribably powerful, cleansing, healing practice that absolutely cannot fail as a form of meditation to connect us to our Higher Self.

Having gained confidence in Toning, we then extend this by teaching you the techniques of **Overtone**, which is an awesome further level of experience, as it allows you to sound and make audible **The Cosmic Scale**, the overtone scale/harmonic series, which is inherent yet normally hidden (all that the word 'occult' means) in every note you sing or word you speak. *The Cosmic Scale is the true Universal Sonic Archetype, from which all sacred geometry and our musical scales, indeed the ratios and proportions and forms of life itself, are derived.* This multiplies the vibration-raising effect of toning exponentially.

Every culture has its own style and connected tradition of sacred vocal sound or mantra which works with Divine Names: these names are usually in their essence as described above, a matter of vowel sounds in sequence—without consonants between. These Divine Names are often described as 'not to be spoken'—this is because they are to be SUNG: toned and overtone. However most of this knowledge has been lost/suppressed through the ages into the realm of 'superstition' (= 'that which is left over'), yet it is at the heart of the lost knowledge of spells of the magical traditions of all the 12 tribes and their **12 Keys**.

Our **Sound Healing Training** also works on the principle that we are each in one of these 12 Keys, (the 12, not 8, notes of the scale = 7 white and 5 notes on a piano). We will find the Key Tone for each student, who can work at home on a daily toning practice alongside our **Chakra Tones** crystal bowls CDs, (one in every key), and ultimately learn to work on clients in the same way. As ever with esoteric work and sound, it is no coincidence that we use the word 'key' in musical terms for a base reference note!



## MODULE 1

**Day 1** covers **Toning** the chakras both freely and alongside **our Chakra Tones** CDs in your specific Key. Dean will dowse the hara to discover your **Soul Note** (Hara) and **Root Tone** to then apply the correct pitches personally for your own chakras. *We all vibrate all in different keys/at different pitches/rates of vibration and any system that reduces us all to one note (usually 'C') does not honour our identity and disparity, our Unity through Diversity.*

**Day 2** covers **Overtoneing**: how moving between the vowels while still toning on one pitch produces the **Pure Sound** overtones audibly. The archetype of the 8ve and the mystery of the Major Scale as derived from the overtone scale/harmonic series, **The Cosmic Scale**.

Afternoon session: **DIVINE UNION SOUNDBATH** (open also to non-attendees)

## MODULE 2

**Day 1** offers further refinements with **Toning** and **Overtoneing** such as learning the **Bija Mantras of the elements**, toning/overtoneing the **Skt names of the chakras**, overtoneing on **single vowels/bijas**, and multi-syllable **Divine Names**.

**Day 2 (morning)** students give a whole group vocal soundbath healing alongside the Chakra Tones CD in the correct key of each student using all the techniques and knowledge gained.

**Chakra dowsing** is practised by students in this Module so by this stage student should be equipped with their own pendulum dowser.

Afternoon session: **DIVINE UNION SOUNDBATH** (open also to non-attendees)

**MODULE 3:** if sufficient numbers interesting in taking the process to *Practitioner Level* (date to be arranged/confirmed) will deal with final aspects of giving a treatment using the cps Modality, including **how to read the hara** of the client to establish their key.

### Case Studies

To then qualify as a Practitioner and gain certification you must then submit 4 case studies working in close consultation with the teacher, four treatments for each case study client (i.e. 20 treatments). There is no time limit for completion and the cycles of Modules repeat allowing for retakes (at a then reduced rate). Obligatory equipment purchase for continuing to case study stage: set of Chakra Tones CDs or downloads @ £100.

Our course is accredited by the Isle of Avalon Foundation, Glastonbury.

**Power Point** presentations throughout the two course Modules:

**Angels of Sound** covering What Is Sound?-- The Skt alphabet and the Language of Light in all cultures-- Skt Vowel/angel/bija definitions-- The Octave-- The Overtone Scale/Harmonic Series Interval Inversion and the derivation of our Major Scale intervals from the Overtone Scale -- Overtone scale applied as Sacred Geometry/Natural Forms -- The Chakra System in all cultures --our version/application -- Overtonng tips

**The Power of Pure Sound** covering the above plus: Who Are The Elohim? What Is A Pure Sound? Pure Sound beneficial effects-- Brainwave Sates-- Kymatic images of Dean's crystal and Tibetan bowl collection



Photo: ANGELS OF SOUND voice playshop at Summer Gathering, Wimborne 2014

*What some of our previous students have said:*

Absolutely brilliant! Wisdom with humour which makes learning so much more of a joy. Toning together as a group was a powerful experience.

I came away inspired and had gained so much new knowledge.

[Dean has] great dedication and desire to pass on healing skills for the greater good.

*SB 2018*

All of the course was useful and relevant to the subject, incorporating knowledge of the relationship between music and



mathematics, sacred geometry, ancient origins of language and original languages such as Sanskrit. Connections between ancient mystical knowledge of Vedas, Tibetan Buddhism, Kabbalah, and Egyptian Mysticism all so relevant and inspiring. [Dean] has clearly researched and uncovered depths to this topic that can only develop over time from deep passion and interest.

*CK 2019*

I have enjoyed learning from Dean and taking part in these courses so much. I have found this work totally inspiring. It has reawakened a curiosity in me of all these topics of Ancient Mysticism and Civilisation, Sacred geometry, Overtoneing and Sound Healing. It has also started to renew a sense of confidence in using my voice and connecting to music again.

*K 2019*

... many bits of esoteric info I would be hard pushed to discover elsewhere.

*SR 2017*

As a tutor Dean is kind, patient, gentle, vastly experienced...and very knowledgeable on all esoteric matters.

*CD 2019*

...the overtoneing practices I found most the most enjoyable. Seems like magic, that part! As a tutor Dean is very knowledgeable and has access to true healing/transformation.

*KD 2019*

I shall use these techniques in my everyday life, thank you.

*SR 2020*

Magnificence... Loved it all, it all stood out. Profoundly moving and beautifully evidential....I wish to see your course across the planet!

Thank you for an awesome weekend. Loved it... What I really like is the facts you present from your research, they stick with me, unlike much of the pseudo science from today's warriors...this was magic and I loved every minute.

Thanks Dean for an awesome experience.  
*SE 2021*

There has been so much value from this course and I found it uplifting and inspiring. Such a patient and gentle tutor with humour and acceptance. The course surpassed my expectations as the information added a whole new perspective.

*LM 2021*

Dean's in-depth knowledge is astounding. This work has changed my perception of sound in a profound way. The practical work is amazing...looking forward to bringing this work to life in my own practice.

*TJ 2021*